

## HELLO ISSQUARED FAMILY,

Hope you all are doing great and it's time to have some break. Recent research has proven that people who scheduled small breaks in the middle of working hours could sustain better focus. We care for you because "We are ISSQUARED."

Let's dive into the highlighted updates in and out of ISSQUARED for October 2021. Happy reading!

“

The only thing that overcomes  
**hard luck is hard work!!!**



# NEWSLETTER

NOVEMBER 2021



## PRODUCT CORNER



### PRODUCT UPDATES

The product team welcomed the fall season with a fall in performance issues across clients. We had major performance-related issues at client sides and have closed most of them. Awaiting deployments. Thank you to teams across modules who come to join hands with the IAG Team for resolving issues and ensuring client satisfaction.

Lessons learned enabled us for a more competitive product. Thank you for cross-module teamwork!

SSO project is in BETA version and now on the new Datacenter. Thank you Shekhar Shrinivasan for consistently ensuring the site works and we are ready for a customer demo anytime! SSO is a critical feature for IAG and ISSQ as a product team.

Product Team plans to use Udemy more seriously with at least 30 mins/week or 10 mins a day as a mandate for each team member! Let the learnings begin!

Looking forward to the festival of Lights and festivities in the coming month. We plan to close on a high note with BGU project setup completion by the Operations team and new clients coming on board with us.

### IT CORNER

#### IT CONSULTING AND DELIVERY SERVICES

**World Centric:** As part of a consulting engagement, we completed a complex Data Analytics project with the customer World Centric. Forecast analysis and forecast trend analysis (part of supply chain analytics) was done, and dashboards were built.

**Cforia:** Automation testing engagement with the customer Cforia is extended for a year. This project that started as a four-week POC has now become an 18-month contract.

**Amgen:** Deployment completed at MyAccess (ISIM/IGI) Upgrade Cut Over Plan and Hyper Period Contact

### CLIENT'S COMMENTS:

*Thanks, Mukesh. Awesome work Team!!!! You hit it out of the park once again!!!! Thank you for all your hard work. Congrats! ~Michelle Biglow – Amgen*

*Thank you so much, everyone, for your dedication and hard work!!! Finally, we did it!! Big Achievement!!! Congratulations Team!! ~Pawandeep Narang*

**ILLUMINA:** The EIAG upgrade was completed in October.

Bharath Kumar Golla led the project with support from the development and testing teams.

Illumina also has approved two new projects during this period.

1. Access Certification for Dynamic – iList
2. Salesforce Integration Project

### INFORMATION SECURITY

#### BIG WINS AND PARTNERSHIPS

Amgen partnership is finalized and we are delivering Tier-1 SOC service to them.

Some of our customers shared very positive feedback about our services.

Hiring has been strong in October and we onboarded 4 new SOC analysts.

We have responded to a lot of inquiries about the services. Looking forward to upcoming months to onboard new customers.



ISSQUARED



## INFRASTRUCTURE UPDATES

One of our Senior UC engineers, Eric Ellis, received "significant" compliments from one of our Mitel customers, Univera. Thanks, Eric for always going the extra mile for our clients!

Also on the UC team, Rajitha Rajan achieved the Ribbon EdgeMarc and EdgeView certification. Congrats Rajitha!

A big thank you to the entire team that helped with the migration of servers and applications from the data center in Los Angeles to the new data center in Dallas. New Fortigate firewalls were installed, along with new network switches, 12 new servers running 2 clusters that are supporting 200+ servers, and virtual appliances. We are working on decommissioning all the gear vacated in the Los Angeles data center, and will very soon bring the new Seattle data center up and online. The migration is a big step to maturing our Fabulix offering, and we are not done yet!

Thank you Pradeep Gandikota, Suhas Sawant, and Geoffrey Midler for the majority of the heavy lifting on the servers, with support from Jagadeesh Teegala, Kelly Macone, Venkat Ponnuri, and others to get the new environment up and ready.

Thank you Venkat Kakarlapudi, Dilip Rudraraju, Shafi Ahmed, and the rest of the networking team for getting the network components configured, tested, and ready to support not just internal ISSQUARED infrastructure, but our clients as well.

Thank you Scott Hussey for helping find and work with the data center and internet providers, Sridhar Veluri for helping us stay on track, and John Charles for the guidance and direction architecturally.

**The internal patching schedule for November will be as follows:**

NOVEMBER	
SERVER	DATE
Development Server Patching	Nov-12, 20:00 UTC
Test Server Patching	Nov-16, 20:00 UTC
Production Server Patching	Nov-20, 04:00 UTC

## HR's CORNER

### GOALS:

As we near the end of fourth quarter, hope most of you are either close to achieving or have achieved your yearly goals, congratulations. This is also a good time to start visualizing your professional goals for the new year, start discussions with your supervisor /teams and contribute to the organizational growth.

### IN THE WORLD OF HR...

### ISSQ ON-BOARDING:

There were 5 new additions to the ISSQUARED family during the month of October 2021. Welcome aboard.



## ISSQ REWARDS AND RECOGNITION (RNR) FOR OCTOBER 2021:

### Team Appreciation

Client: **Amgen**

#### Feedback from the client:

Thanks Mukesh. Awesome work Team!!!! You hit it out the park once again!!!! Thank you for all your hard work. Congrats! Thank you so much everyone for your dedication and hard work !!! Finally we did it!! Big Achievement !!! Congratulations Team!!

ISSQ Team Members: **Anusha Arimilli,  
Gopal Dharmalingam, Suman Mattewada,  
Mohammad Saquib, Rakesh Patil, Toswel Sequeira**

### Team Appreciation

#### Feedback :

Please join me in thanking the ISSQUARED accounts receivable team for their efforts in collections. Led by Teja Rampelly and supported by Jenna Bernick and Paul Drew, the team has been diligent and professional in their interactions with our Customers by helping to identify and resolve billing issues in a timely fashion as well as identifying accounts slipping into past due status. These efforts over the last year have resulted in keeping our DSO (days sales outstanding) KPI to under 40 days. This has led to improved cash flow and significantly reduced severe and chronic past due accounts.

ISSQ Team Members: **Teja Rampelly, Jenna Bernick,  
Paul Drew.**

### Team Appreciation

#### Feedback :

Good job Madhavi & Aditya for putting their extra efforts to complete the GCF onboarding process and completing the task tasks ahead of schedule.

ISSQ Team Members: **Madhavi Jatavallabhula,  
Aditya Challa**

### Team Appreciation

Client: **Univera**

#### Feedback from the client:

A big thank you to the entire team that helped with the migration of servers and applications from the data center in Los Angeles to the new data center in Dallas. New Fortigate firewalls were installed, along with new network switches, 12 new servers running 2 clusters that are supporting 200+ servers and virtual appliances. We are working on decommissioning all the gear vacated in the Los Angeles data center, and will very soon bring the new Seattle data center up and online. The migration is a big step to maturing our Fabulix offering, and we are not done yet!

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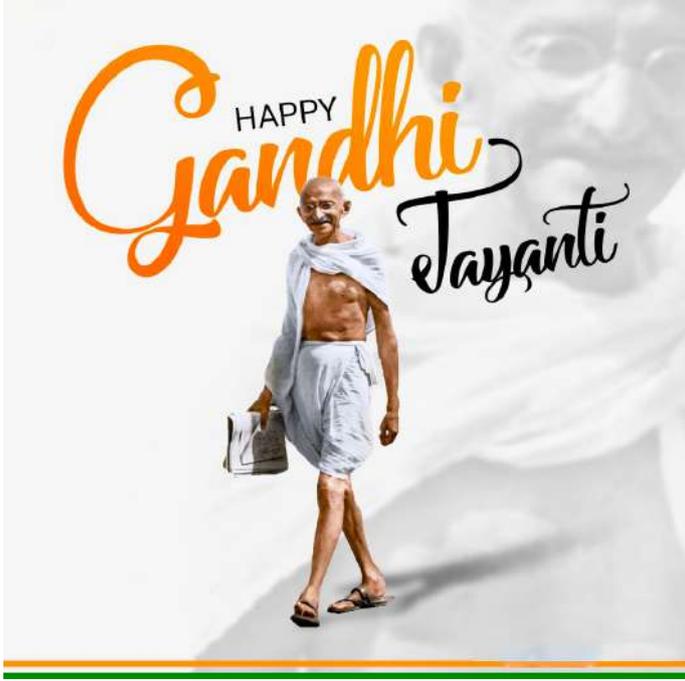
ISSQ Team Members: **Eric Ellis, Rajitha Rajan,  
Pradeep Gandikota, Suhas Sawant, Geoff Midler,  
Jagadeesh Teegala, Kelly Macone, Venkat Ponnuri,  
Venkat Kakarlapudi, Dilip Rudraraju, Shafi Ahmed,  
Scott Hussey, Sridhar Veluri, John Charles.**

### CURRENT OPEN POSITIONS

We are seeking new talents who would like to be part of ISSQUARED journey. [Click the link](#) to current openings for more details and refer individuals among your network who can fit in now. Also avail referral bonus for your connections.



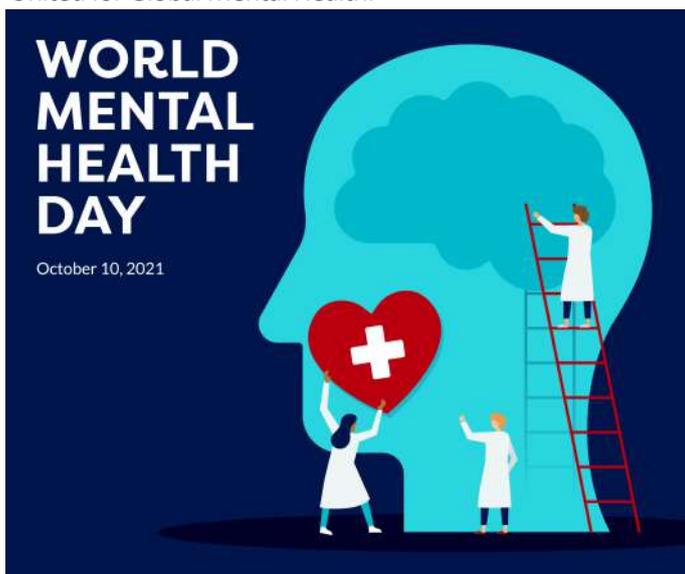
**2nd October:** International Day of Non-Violence is observed on 2 October to mark the birthday of Mahatma Gandhi who had played an important role in India's Independence. On 15 June, 2007, General Assembly adopted a resolution of establishing the International Day of Non-Violence to spread the message of non-violence including education and public awareness.



**15th October:** Dussehra or Vijaydashami was celebrated on October 15 (Friday) this year. Dussehra denotes victory of good over evil and there are two stories that are associated with the festival in Hindu mythology. It is said that it was on this day that goddess Durga defeated Mahishasura after a fierce battle lasting for more than nine days. In many parts of India, it is celebrated to mark the victory of Lord Rama over ten-headed demon king of Lanka, Ravana.



**10th October:** World Mental Health Day is observed on 10 October every year to raise awareness about the scale of suicide around the world and the role that each of us can play to help in preventing it. This day is organized by the World Federation for Mental Health. It is also supported by WHO, the International Association for Suicide Prevention, and the United for Global Mental Health.



**31st October:** Halloween falls on October 31 because the ancient Gaelic festival of Samhain, considered the earliest known root of Halloween, occurred on this day. It marked a pivotal time of year when seasons changed, but more importantly, observers also believed the boundary between this world and the next became especially thin at this time, enabling them to connect with the dead. This belief is shared by some other cultures; a similar idea is mentioned around the Jewish holiday of Yom Kippur, which also typically occurs in October and involves saying prayers for the dead. This is also where Halloween gains its "haunted" connotations.





# SALES SUMMARY

## Top highlights from our customers:

Task completed on large pharma manufacturing security design project, pending budget approvals. It should lead us to a potentially large opportunity in 2022.

Thanks to the team for successfully transitioning the Amgen Tier 1 Services for security. This is a significant milestone that can help us drive more growth in the managed security services space.

The rise in traction that we have seen from several enterprises and mid-enterprise clients continues in the following areas:

- Interest in EIAG product and demo requests with proof of concepts
- Security-related inquiries and RFPs, primarily around XDR / SOC services
- Good momentum moving into 2022
- We have several promising IAG Assessments, IAG Roadmap Implementation Proposals & ORSUS licensing proposals with customers now.

Several requests for cloud migration assessments are being discussed with customers.

Oxnard School District is partnering with us at the CITE (Annual K-12) conference, to showcase our work done with Extreme Networks.

**We continue to have some very good wins with existing clients in the VAR business, growing our footprint with more business units, regions, and product lines, also within the California k-12 and higher education space.**

Queen's Medical Group and Pole To Win continue to provide more growth opportunities.

Additional wins this month include customers such as Snohomish & Gray's Harbor.

Kern Community College is another good win and new logo.

## Cloud and Microsoft:

The Microsoft Customer Immersion Events (CIE) continue to be a very popular and successful format, both in terms of lead generation and marketing buzz.

This format is very engaging with clients, and we plan for at least two CIEs per month through Q4.

Based on customer feedback, this format has been further tweaked to focus on a hands-on approach.

The M365 and Sentinel sessions have seen the most traction.

The focus on cloud offerings for customers will continue with the opportunity in security to learn more about M365 and Sentinel.

The Sales Operations Team has been working with finance & distribution to ensure that orders are fulfilled and booked in time, along with maintaining diligent oversight on renewals income.

There is also a lot of progress on Partnerships – from working with marketing to develop partner web pages to certifications follow-up and key relationship building.

We will have an increased focus on certification and partnership levels, as we enter 2022.

The management team continues to refine our strategy to focus on key partnerships with greater investments in training & events.

The Inside Sales Team is working closely with the sales & marketing team. The management team is on track to accelerate work in this space.

The teams are working cohesively for the first major campaign around IAG & ORSUS:



Bala and Neville are leading webinars in the first and second weeks of November.

These will serve as the first run, in terms of outreach, visibility, and delivery, and it will be tweaked as we get into a regular cadence for our products.

Everyone in the company, as appropriate, is encouraged to supplement the efforts with their own outreach to customers to create awareness about these events, while marketing and inside sales lead wider as well as targeted campaigns.

To note about in-person events, we continue to monitor the evolving health status and guidelines, and our own in-person partner / OEM events are limited. Meanwhile, we may also have limited and pre-approved attendance at certain partner driven events. As noted above, a key event of note is CITE, focused on K-12 (planned for mid-November):

Oxnard School District will present at the annual CITE (California IT in Education) conference in November featuring proactive IT and infrastructure strategy to empower educators and students.

Finally, and very critical to 2022, the management and sales leadership teams are going to be focused on planning for Q1, as well as 2022 overall. The goal is to leverage the momentum from various initiatives, leading to a much stronger Q1 as well as 2022.

## LEARNING & DEVELOPMENT (L&D)

We have successfully published the Dutch version of ISSQUARED website. Here is the link: <https://nl.issquared-inc.com/>

We've got translated content for new pages from the vendor and added them to the local websites. After thorough testing, we would like to publish them on the website.

We are planning to create localized channels of ISSQUARED across all social media to promote the website content, which was translated by the vendor. To achieve this, we have to optimize SEO content for all the websites (French, Spanish, Arabic, and Dutch). We would like to take up this in the last week of October and the first week of November.

## Udemy

### Updates

Let's appreciate Thomas Harpham for being the top learner of the month, who devoted 26 Hrs 5 Mins and closely followed by Prashanth Dabbi for committing 23 Hrs 47 Mins on the ISSQ Udemy platform. As predicted in previous editions, we are glad to mention new top learners every month who inspire us to grow by learning.

According to the report of ISSQ employees' engagement with Udemy over the last 30 days, 102 users were active who watched training videos and 5.5% of the users were active via mobile app.

The average time spent on training per active user (in the last 30days) is 2 Hrs 27 Mins.

The most-watched course based on employee count of the month is Microsoft Excel – Advanced Excel Formulas & Functions.

To know what's more for you to learn, log on to Udemy and search for your favorite course!!!



## THE UPCOMING HOLIDAYS

### USA

**Thanksgiving**  
25-Nov-2021

**Day after Thanksgiving**  
26-Nov-2021

### INDIA

**Diwali**  
04-Nov-2021

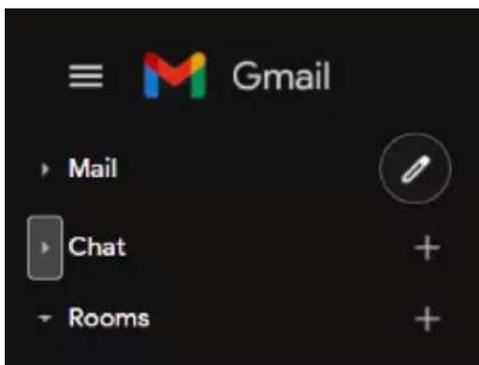


## Did you know Gmail schedule feature?

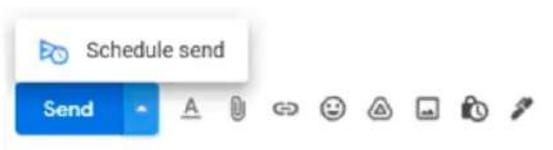
Gmail provides a scheduling feature that helps you to avoid sending emails over the weekend and disturbing your clients overseas. You can auto remind Gmail to send an email only at a fixed time.

Find out how can you schedule emails by the following simple steps and not worry about timely delivery next time.

1. Open Gmail and click on the compose button on the left side which resembles a pencil.



2. Move your cursor to the up arrow next to the send button and click on schedule send.



3. Schedule the date and time when the email has to be sent.

4. The mail will be scheduled as you set the date and time.

## Ofcom orders phone networks to block scam calls

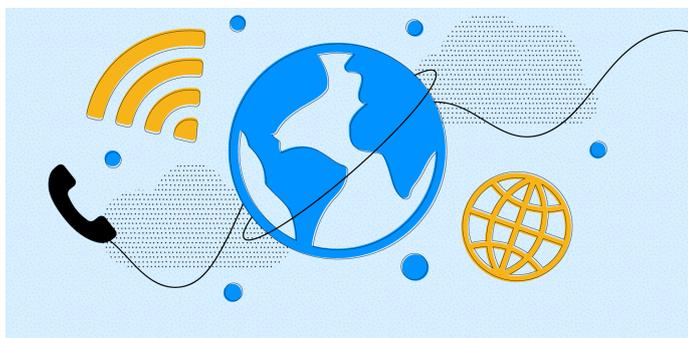


Cybercriminals have been exploiting internet-based calls immensely in the recent past. Reports claim approximately 45 million consumers were targeted by scam calls this summer, by making it look similar to other phone calls or messages from an authorized body.

The United Kingdom communications regulator, Ofcom believes the measures were expected to be introduced sooner with priority. One operator has confirmed to have implemented the new plans, while many networks are still trying to explore different means to resolve the global concern, said Ofcom to BBC News.

According to Ofcom networks and communications group director, Lindsey Fussell expressed that Ofcom is engaged with telecommunications companies to implement technical solutions across source blocking and detecting suspicious international calls masked by the UK number.

Lindsey states that tackling scam calls is a complex issue and requires a coordinated effort from the government, police, telecoms industry, and other regulators.



## Why internet-based calling needs an upgrade?

Internet-based calling technology, aka Voice Over Internet Protocol (VOIP), is utilized by millions of consumers across the globe to make phone calls free of cost and economical. The leading services that make use of the internet-based calling technology are Microsoft Teams, WhatsApp, Zoom, Google Duo, Facebook Messenger, recently antiquated Skype, and so on. Many businesses depend on VoIP technology for internal and external corporate communications. When a corporate phone network makes a call, a VoIP provider routes the call to the phone networks via the internet.

According to Principal Security Researcher at US cyber-security firm Human, Gabriel Cirilig describes that many telecommunications companies do not inspect the traffic received from the VoIP providers but let it through onto the network. Due to ease in implementing your private enterprise telephone systems in recent years, anybody can have access to critical telephone infrastructure. Scammers build their systems that spoof phone numbers and cybercriminals pretend as legitimate corporate networks to gain access to telecommunications infrastructure.

Mr. Cirilig added that this is not a regional concern or confined to one kind of infrastructure, but a systemic issue that allows criminals to cross borders. It is up to the VoIP provider to check and verify whether the calls that are received to route over to telecoms networks are authorized or fake.

Experts also believe that implementing new telephone identification protocols is the only solution that can allow phone networks to authenticate whether all calls and messages originate from a valid phone number.

New protocols called Stir and Shaken were developed by the US-based international standards body - Internet Engineering Task Force. The US authorities have issued orders to mobile operators to implement the new protocols by the end of 2021. However, Ofcom said to BBC News that introducing complete authentication in the UK is only possible when the technology supporting voice services is upgraded, which is due by 2025.

[Click here](#) to visit the source.



## How to deal with scam messages?

If you like shopping online, you must have received text messages stating “your order has been delivered” with a link to pay online or asking user details for feedback. Similar messages are also a way for scammers to hook people.

As per new figures extracted by the consumer group Which?, three in five users have received fake delivery text in recent years. Such messages often include a link that drops you to a scam website. The senior consumer rights editor at Which? Adam French believes there aren't many ways you can stop scammers from sending messages to you.

Adam says your phone number is tracked by using “pot luck”. Four new mobile phones and mobile numbers were set up that had never been used before for testing purposes. Shockingly, two phones still received scam messages. The result confirmed that such messages are delivered to as many numbers as possible, described Adam.

Thankfully, 79% of the people who received scam texts in recent years could identify the message and knew that its fake. However, people under 3% accepted to fall victims and many among them ended up losing money.

A few precautions that might help you to stay away from falling another victim are summarised below.

### 1. Don't click links

Maximum scam texts include a link that ends at .com or .in to prompt the reader for action. The best step when you receive such messages is to ignore any links and contact the business for clarity.

### 2. Report spam

You can help to protect others from scammers by reporting the spam texts. You can report by forwarding the text to help numbers or network operators.

### 3. Contact your bank immediately

In case you click the link and the amount is transferred, do not panic. You can report your incident straight away to a bank, which will take some time to verify but is worth complying with.

[Click here](#) to visit the source.



## RECENT CYBERATTACKS

### **Twitch suffers massive data leak**

The Live gaming platform Twitch confirmed its massive data breach via a Twitter post on Oct 6, Wednesday. The company says an error occurred while making changes in server configuration, which exposed some confidential data i.e., posted online. The information leak reportedly includes payments made by the users, internal code, and documents.

[Read More...](#)

### **Cyberattack targets world's largest meat supplier**

The world's largest meat supplier JBS was hit by a sophisticated cyberattack. The computer network of JBS was hacked resulting in a temporary shutdown of certain operations in Canada, the US, and Australia and affected thousands of workers. The White House says, the company believes the ransomware attack originates from a criminal organization most likely based in Russia and the FBI is investigating the attack.

[Read More...](#)

### **Cyren reports 300% rise in phishing attacks**

The IT security company Cyren detected a rise in Chase bank-related phishing URLs by 300% in the span of mid-May to mid-August. Recent discoveries also indicate that launching phishing attacks have been easier than before due to the expansion of phishing kits for sale on the dark web and other underground channels. Reports suggest that cybercriminals mostly target mobile devices by text messages or emails from banks asking for confidential information like user name, email address, credit card numbers, and social security numbers.

[Read More...](#)

### **Ransomware group attempts to recruit by fake website**

According to security researchers, a group of Russian ransomwares hosted a fake company website to recruit tech workers for expanding its criminal enterprise. As per the new report issued by the Recorded Future's Gemini Advisory unit, the fake website was made by Fin7, which created the malware that crippled one of the largest pipelines in the US.

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## ENVIRONMENT TODAY

### Can Coca-Cola solve its plastic issue?

Coca-Cola is known to sell approximately 100 billion plastic bottles every year and maximum bottles end up as litter. It's a concern that Samoa has begun to experience after Coca-Cola shifted from glass to plastic bottles on the Pacific island at the start of 2021.

According to citizens of Samoa, people had an incentive to return the glass bottles because there was a deposit and most of the glass was reused. But within days of seeing more plastic waste out of Coca-Cola, Fanta, and Sprite was a shock, as there are not many recycling plants in the island country. Coke contributes to one-third of the plastic bottle waste in Samoa. The population of Samoa is close to 200,000 and does not generate enough waste to have a recycling facility for plastic bottles on the island. Though some initiators want to export a container out of Samoa, the freight is expensive.

Coca-Cola has since set up a scheme to pay people \$1 for each kilo of bottles that are collected. Coca-Cola says the decision to phase out the glass was "Difficult with many complexities around the supply chain. We are working to ensure none of our products end up in the environment."

The soft drinks industry produces 470 billion plastic bottles annually that are designed to be used once and thrown away. A quarter of them is sold by Coca-Cola. Single-use plastic is a massive money-saver for all kinds of companies, including Coca-Cola.

In 2018, Coca-Cola launched its World Without Waste plan to collect and recycle a bottle for every one it sells by 2030. But Coca-Cola has been named as the top pollution polluter in Break Free from Plastic's 2021 global brand audit. Coca-Cola says it is trying to address the issue.

*"Through World Without Waste we are hoping to shift the mindset from being the face of the problem to being the leader in finding solutions."*

[Click here to visit the source](#)



### NASA revealed glimpse of Artemis rocket

NASA shared the first views of its most powerful Artemis mega moon rocket with an Orion spacecraft on the top. The Space Launch System, also known as SLS, rocket and Orion will be the buds for the Artemis 1 mission launch, an uncrewed trip around the moon and back. The rocket and spacecraft system met inside the assembly building at the Kennedy Space Center in Florida

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### Did you meet Astro home robot?

Amazon introduced its first home robot Astro in the live stream event. The robot is powered by the Alexa smart home technology designed to help you around when you are home with security in mind when you are not home. Astro can navigate to specific location to check on things like devices, people, and even pets through live view in the app. The Astro's onboard process can also recognize people and store visual identity to detect you and others inside your house.

[Read More...](#)



### Microsoft issues Windows 11 AMD CPU updates

Microsoft released a new Windows 11 update past Thursday, Oct 21st that fixed a few of the AMD CPU performance issues over Ryzen processors with Windows 11. The major concern caused L3 cache latency up to three times and slow performance by 15 percent in some games. The concern was fixed by the Windows 11 Build patch that was released as an optional Windows update to all the Windows 11 users.

[Read More...](#)



### Adobe Lightroom adds AI-based selection tool

Adobe has posted to add AI-based selection tool to its photo editing Lightroom software. The new feature is powered by AI technology that enables photo editors identify the subject of photos or point of interest in one click. It can be any portion of a photograph such as brightening the skies or making the person in shade stand out to enhance image editing features with less manual efforts in future.

[Read More...](#)



### Twitter rolls out ticket Spaces

Twitter has finally announced a rollout for Android and iOS users to let everyone host space on Twitter. For those who are new to Twitter, the Ticketed Space is a new feature that will allow a host to invite a limited number of people to live audio sessions. The company also offered a GIF to refresh the users on how to host the space who might have forgotten the update.

[Read More...](#)



### YouTube to ban anti-vaccine misinformation

YouTube has said to clear all the misleading content against vaccines as an extension of measures to ban false claims of Covid-19. The videos trying to showcase side-effects of vaccines such as infertility or autism will be taken down and the policy also includes terminating accounts of anti-vaccine influencers.

[Read More...](#)

## THE LATEST NEWS ON COVID-19



According to the World Health Organization's committee, the Covid crisis is far from finished. The committee of 19 members meets every three months to discuss the state of the pandemic.

China had to lock down a city of 4mil over 6 new Covid cases found. The residents of Gansu and Lanzhou are told to stay home. Buses, taxis, and major railway routes are suspended.

The FDA advisers have approved Pfizer's Covid vaccine for the minors age group under 5-11. It is the first vaccine to receive a green signal for children in the US.

The UK reported 40,954 new Covid cases on Wednesday, 27th Oct, and more than 263 deaths according to official figures.

Covid restrictions returned in Belgium on Friday, 22nd Oct, soon after weeks of relaxation due to a rise in new cases and hospitalizations.

To track the current number of cases across the globe, visit the WHO Coronavirus dashboard at <https://covid19.who.int/>

### Vaccination Status

According to [Our World in Data](#) reports, 48.9% of the global population has received at least one dose of a COVID-19 vaccine.

6.92 billion doses have been administered worldwide and 24.91 million doses are administered every day.

3.1% of people in low-income countries have received at least one dose of the COVID-19 vaccine.

China and India have registered the highest number of doses with over 2.2 billion in China and one billion in India. The US ranks third with over 410 million doses of vaccines.



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# DO'S AND DONT'S TO STAY SAFE DURING COVID



Regular hand wash for 30 seconds will help you avoid germs or any kind of infection.



Cover your mouth and nose while sneezing.



If you are suffering from a common cold, cough, nausea, vomiting, shortness of breath and fatigue make it a point to consult a doctor at the earliest



Avoid being in crowded places. An infected person can spread the virus instantly and crowded places is a good way to accomplish this. Make sure you wear full sleeves shirts with anti-pollution masks when you travel. Staying indoors is a rather safe option.



Do not get close to anyone, especially touching or laughing closely. Also, use anti-pollution masks when out with friends or family. Avoid touching anyone and do not use the same utensils used by another.



Spitting can increase the spread of the virus. Avoid spitting in public and at home. Also, avoid getting close to a sick person suffering from a cold and cough.



Travelling may get you infected. Use anti-pollution masks and carry a hand sanitizer with you always. If you have to travel in an emergency, consider traveling by your vehicle, avoid public transport.



If you are suffering from dry cough, back pain, nausea, and shortness of breath it is recommended that you consult a doctor rather than opt for self-medication that can leave you battling with a deadly illness. Say no to antibiotics as it would later lead to antibiotic resistance.



Most often a state of fear can lead to taking wrong decisions and use of self-medication All you need to keep in mind is hygiene.



Do not touch your face, nose, and mouth often. This avoids the risks of developing the virus.

**Note: All INDIA employees feel free to contact DJ for any COVID medical emergency.**

**Email: [vdhanara@issquaredinc.com](mailto:vdhanara@issquaredinc.com)**

**Ph: +91 7989890040**

**ISSQ extends its thoughts and support to all its employees amidst this crisis, we are in this together!**



ISSQUARED

**WEAR A MASK**  
FOR YOUR SAFETY AND OTHERS'